

“WHAT DO YOU KNOW?” - ADVENTURE 1

MY NAME =

FILL IN THE BLANKS	CIRCLE ALL THAT APPLY TO YOU
1. I am not a V_____.	The Control for my Life is... A. Somewhere out there. B. Hard to find. C. My decision. D. In my family’s hands.
2. I am “R_____able” to lead my life.	I am responsible for... A. Anything that goes wrong in my family. B. The actions of others. C. People liking me. D. My own actions.
3. I choose to be P_____ not Reactive.	I make choices based on... A. My emotions and feelings. B. My values. C. What others want. D. What’s most popular.
4. I can make G_____ choices.	I choose to be responsible for... A. Getting enough sleep. B. Getting up on-time. C. Doing my homework. D. All the above.
5. I can make choices I am proud of that may not always be P_____.	I want my choices to be... A. Wise, good in the long run. B. Popular, so I am liked by all. C. Easy, so I don’t have to think about it. D. Quick, so I just react to everything around me.

MY ACTION PLAN: “I WILL....RIGHT THE WRONG OF A LIE.

WHAT?	WITH WHO?	START WHEN?	GOAL?

HOW IS MY PLAN GOING SO FAR?	
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